

*For Immediate Release*

Press Release

What costs less than your lunch?

What picks you up and transports you to places you only dream of visiting?

What scares you silly and a few pages later makes you laugh?

How about a book.

Saddle up, partner, here's your ticket to ride.

Suspense mystery thriller novels written by a native New Mexican and forensic counselor.

Spellbinding haunting addictive page turners you will love. **J L Woodruff** is making a name in the mystery genre. **Woodruff's** newest novel is a good reason why. **Polar Bears in the Kitchen** will have you leaving your lights on at night.

New Mexico is famous for Santa Fe, green chili, old pickup trucks, adobes, dirt roads, ancient Anasazis, and unsolved crimes. Put these all together, you've got one of the best books this year and several newspaper reviews agree!

*FREE* copy of **Polar Bears in the Kitchen** is available to newspapers, magazines or newsletters who are publishing a review. Fax your request on your publication's letterhead to:  
Kathleen Santo, Bookstore Manager, Fax: (520) 798-3394.

Libraries and book sellers, 40% discount, fully returnable within 1 year, contact Baker & Taylor, or Ingram Book Company with ISBN 978-1-60494-293-4

About the book:

No sooner than Myra Whitehawk's cousin and partner in their pottery business dies, a fiery inferno appears on her ranch in the midst of a winter snow blizzard. Later the cops discover a woman has been burned to death inside her own vehicle. Lacking budget to thoroughly investigate, the cops determine it's homicide by a known person, probably a revenge killing. Myra discovers too many clues which indicate the victim did not know her killer, nor did she have any history with this person. Myra's addictive personality, and her tendency to be obsessive about projects, become a rope she can't turn loose. Soon she establishes a set of search and discovery rules known only to herself and a handful of ancient Anasazi ghosts. Their quest eventually reveals disturbing haunting information.

Once again **Woodruff** creates mystery, suspense, intrigue, and spices everything up with just enough original New Mexican philosophy to thrill anyone who enjoys a great novel. Read **Polar Bears in the Kitchen**. You will find yourself enchanted and under the spell of this great New Mexico mystery.

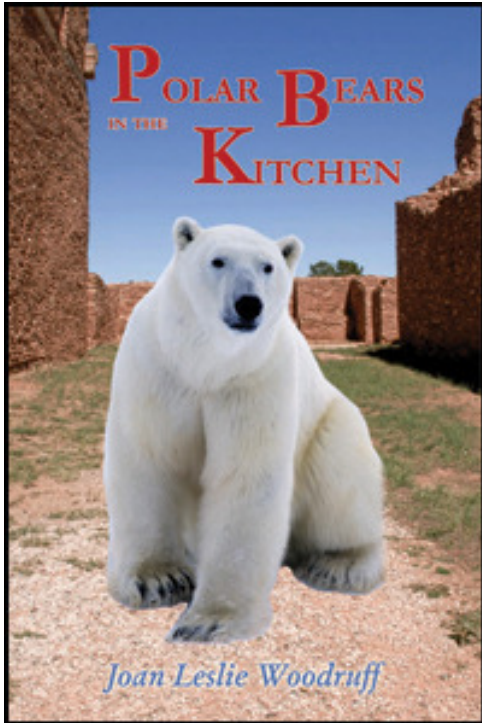
<http://joanlesliewoodruff.com>



Joan Leslie Woodruff



## Polar Bears in the Kitchen



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American Indian psychology to thrill anyone who enjoys a great novel.

Polar Bears in the Kitchen available at [Amazon.com](http://Amazon.com) and [BarnesNoble.com](http://BarnesNoble.com).

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### **Book signing:**

**August 8th, 2009**

Edgewood Run, Rally, Rock Festival  
9:00 AM - 4:00 PM  
Edgewood, NM



# Joan Leslie Woodruff



## Joan's Biography

Joan Leslie Woodruff was born on a USAF base in New Mexico during the mid 1950's. She has lived in New Mexico, Mississippi, Newfoundland, Arizona, California, and Tennessee. She has traveled all over the world several times, and is partial to Scotland and Turkey. She currently lives on a ranch amongst the Anasazi ruins of Abo, New Mexico. Joan attended Corrales Elementary and Taylor Junior High in New Mexico. She attended Central High in Bolivar, Tennessee, and Alhambra High in Phoenix, Arizona. She received a Bachelor of Science Degree from Loma Linda University of Medicine and Allied Health Professions, Loma Linda, California. She received her Master's Degree, with a double major in Education and Counseling, from California State University. She later obtained her certification in psychometrics/evaluations from California State University. She is a board certified and registered Occupational Therapist.

Joan worked in the field of Occupational Therapy between 1975 and 1991. She has worked as an evaluator, as a forensic counselor with courts, and as a writer, since 1983.



Joan's nonfiction has been published around the country and in Canada, and has appeared in dozens of newspapers, commercial magazines and professional journals. Her fiction first appeared in the University of California's anthology. Her fiction has appeared in both literary and commercial magazines and anthologies. Her first book was published in 1990. She has recently completed POLAR BEARS in the KITCHEN, a suspense mystery. She is currently working on a book revision project with Mark Blotcky, M.D.

Joan has maintained certification with the American Occupational Therapy Association since 1975. She has been a member of numerous organizations. She had the privilege and honor of being the first elected president of the Inland Counties Occupational Therapy Association of Southern California. She was a member of the Board of Directors of the Riverside American Indian Center in Riverside, California. She currently is a member of the Mountainair Chamber of Commerce, and she is actively involved in multiple animal rescue groups. She personally takes care of approximately twenty homeless cats in Mountainair.

She is proud of ancestry which includes Shawnee, Eastern Cherokee, German, and Russian descent.

Joan's brother died in 1975. Her father lost his battle with cancer in 2007. Her mother's heart failed in 2008. She has many good friends, which have become like family.